

Coach Guidelines for FALL 2025

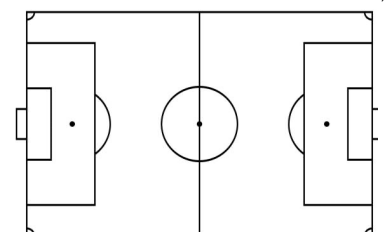
THANK YOU for volunteering to coach this season. We are an organization made up of volunteer and without you, we couldn't have enough teams and our children could not play. Thank you!!

Division U5/U6

- **SET UP 1 GOAL IF YOU ARE THE FIRST GAME OF THE DAY**
- **TAKE DOWN 1 GOAL IF YOU ARE THE LAST GAME OF THE DAY**
- The season runs from Aug thru Nov 22.
- Practices: 1 day a week for 1hr. Practices end after the first day of games
- Players **MUST ALWAYS** have shin guards during **practices** & games, or they can't participate!!
- Players are not allowed to wear jewelry of any kind during practices or games this includes earrings.
- Medical Release FORMS must ALWAYS be with you.
 - In your absence, ONLY the asst coach or team manager CAN carry the forms IF they completed their certifications.
- Bullying of the opposite team or teammates will not be tolerated.
- Team Name: a good idea is to let the player pick a name and then vote on one
- Banner: It's optional, but your team would have to pay for it. You can ONLY have the player's name, picture or the jersey#. ONLY ONE!!
- Uniforms: NOTHING may be added to the uniform. This is for the player's safety and is a national guideline set by our national office.
- **No pets of any kind or size are allowed in the park | No sunflower seeds or any shelled nuts are allowed within the park**
- There will be a **MEET the COACH** night on **Aug11 @ 6:30pm**. You will go over these guidelines, posted on our website. The Region can help you with the volunteers you recruit or help you recruit volunteers. The Region can help them complete their requirements.
- Coach and Asst Coach must complete an 6U coach class on online under AYSOU (The Vol Req form shows you how get to this link)
- Team Parent Role:
 - Pick up/hand out uniforms; make a snack schedule; schedule pizza parties; handle Picture Day; coordinate a banner...
 - Team Manager meeting will be on **Aug19 @ 6:30pm** at the Soccer Park next to garage, under an ezip.
 - Uniforms will be handed out. ONLY if ALL your volunteers have completed ALL courses
- Trophies will be handed out to players in this division at the end of the season
- OPENING CEREMONY: **NOT** this year, due to the city closing the park earlier than expected
- Park opens **Aug 18**. First Day of games is **Sept 6** *** tentative || Picture Day is **Oct11**.
- If we add new players to the team, our Registrar or your division Commissioner will be letting the coach know.
 - **Do not let any players join your team** without the parent handing you the player's Medical Release form.
- Our Volunteer Appreciation Meal is **Nov6 6pm-8pm** for coaches, assist coaches and team parent who are approved volunteers and completed ALL requirements (see Vol Req List on website under Coach Tab)

GAMES:

- Games will be played on field 7
- Heading is not allowed. There are no goal keepers
- There are no goal kicks or corner kicks.
- There are no throw-ins. Throw-ins are taken as a free kick from the touch line where the ball exited the field.
- The team will run drills and practice for the first 30min.
- The game against your opponent will start at the 30min mark.
- The game will have two 10min halves with a 5min half time.
- 5min into each half, please give about a 30second water break.
- After half time, the team will switch sides.
- Only 1 coach per team will be allowed inside the field.
 - HOME team manages the whistle. The other coach manages the time.
- Your time on the field should be done at the 55min mark.
- Games are played 6v6. All players play the entire game, regardless of # of players on each team
- Any questions, please contact your division coordinator first: Anna S. @ (909) 835-8894
- Coach Admin: Adam D. @ 928-243-7620



"There's nothing greater than the HEART of a volunteer"

email: commissioner@583ayso.org | text: (909) 519-1836 | Facebook: ayso583 | website: 583ayso.org